

# Graduate Training Programme in Mental Health Practice Application Form

Name in English			
Name in Chinese			
Mobile No.		Telephone No. (Home)	
Gender	Male <input type="checkbox"/> Female <input type="checkbox"/>	ID Card No.	
E-mail Address			
Correspondence address	_____		
	_____		
	_____		
Working Experience		Position	
		Position	
Education	_____		
	_____		
	_____		
Professional Qualifications	_____		
	_____		
Course	<input type="checkbox"/> Full Course (Module 1-4)		
	<input type="checkbox"/> Module _____		
	<input type="checkbox"/> Caritas Staff Member		
Payment Method	<input type="checkbox"/> Cheque : _____ <input type="checkbox"/> EPS : _____		

## Application Details

Completed application form, together with copies of academic / professional credentials and the first instalment of tuition fees, should be submitted

- by post to Centre for Advanced and Professional Studies, Rm 202, 2 Chui Ling Lane, Tseung Kwan O, N.T. ; OR
- in person to CAPS office.

Tuition fees can be paid by cheque or EPS. Payment by cheque must be made payable to CARITAS-HONG KONG with the name and contact number of the applicant, and the programme title written at the back of the cheque.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Points to Note

- Applicants must be Hong Kong residents. The HK identity document(s) should be presented during application. No age limit is set for each module except stated otherwise, but applicants should fulfill the academic or professional requirements.
- Please return the completed application form, in person or by post, to the Centre for Advanced and Professional Studies (CAPS) together with photocopies of your identity card, academic credentials and information relevant to your application.
- The application deadline will be 2 weeks before commencement of each module/ programme. Admission is on first-come-first-served basis.
- The Institute reserves the right to decide whether an applicant is admitted or not, and holds the final decision to cancel a module/ programme in case of insufficient registration. If a module/ programme is cancelled by the Institute due to any reason, tuition fees paid will be refunded by crossed cheque.
- Tuition fees paid will not be refunded in all cases unless the module/ programme is cancelled by the Institute. Upon registration, no change of class, transfer of fee or fees refund would be allowed.
- Tuition fees can be paid by "EPS" or cheque. Please make the cheque payable to "Caritas – Hong Kong" and mark clear the applicant's name, course name and contact number at the back of the cheque. All receipts of tuition fee should be kept carefully. No replacement of receipt would be provided.
- All classes take place as scheduled unless typhoon signal no.8 or Black Rainstorm Warning Signal is hoisted, or class cancellation is announced by the Education Bureau. Students have the responsibility to pay attention to announcements on the media during unstable weather.
- The Institute will issue certificates of attendance or completion only to students who have attained 80% or above of the attendance.
- The Institute reserves the right to alter class arrangements in case of special event or absence of tutors.
- Unless with permission from the Institute, no recording activity is allowed in class. No sales or promotion activity is allowed unless authorised by "Caritas-Hong Kong".
- Information supplied by applicants will be kept in strict confidence. Applicants may check or amend their personal information on the application form if necessary. In the event that applicants fail to provide adequate information, the Institute may not be able to process their applications or offer any service.
- For any enquiry, please contact us by phone at 3653 6700.



## Transportation:

- Tiu Keng Ling MTR Station Exit B
- Bus Stop - 692P, 694, 792M, 796C, 796P, 796S, 796X, 798, E22A, N796
- Mini-bus Stop - 108A, 110



Caritas Institute of Higher Education  
明愛專上學院  
Centre for Advanced & Professional Studies (CAPS)  
高等及專業教育中心

# GRADUATE TRAINING PROGRAMME

# in MENTAL HEALTH PRACTICE



CBCC & CIHE Centre for Advanced and Professional Studies - CAPS

## Enquiry & Application:

**Venue:** Caritas Institute of Higher Education,  
2 Chui Ling Lane, Tseung Kwan O  
(Tiu Keng Leng MTR Station, Exit B)  
3653 6700  
**Tel:**  
**Email:** caps@cihe.edu.hk  
<http://caps.cihe.edu.hk>



## Target Participant:

Human services professionals (teacher, social worker, counselor, psychologist, occupational therapist and medical practitioners) with a degree in human profession as well as substantial years of practice in working with clients with mental and emotional problems.

## Programme Aims:

- To equip students with advance knowledge in understanding different types of mental and emotional problems, related services and intervention models.
- To develop students' practice competence in working with clients or patients with different types of mental and emotional problems in particular those severe ones such as schizophrenia, suicide, substance abuse, depression, personality disorder, senile dementia.
- To enhance students' humanistic and holistic concern on clients or patients with mental and emotional problems.
- To facilitate students with strong academic and practical foundation for further studies in related post-graduate programmes.

## Admission Requirement:

- A recognized degree in Human Services Professions or related areas;
- Experience with substantial years of practice in working clients with mental and emotional problems

## Award:

- Achieved 80% attendance record for each module, and
- Those completed and passed all four modules will be awarded with a Graduate Training Diploma in Mental Health Practice.
- Those completed and passed one of the four modules will be awarded with a Modular Certificate in Mental Health Practice.

**Time and Date:** 7:00p.m. - 10:00p.m. (Every Friday)

Week commencing: Module 1 - September 2019  
Module 2 - January 2020  
Module 3 - September 2020  
Module 4 - January 2021

**Duration:** 42 hours for each module

**Medium of Instruction:** English supplemented by Cantonese

**Fees:** Full Course: HK\$39,800.00 (By two instalments, HK\$19,900 per each instalment which paid before Module1 and Module 3.)

Each Module: HK\$11,000.00  
(special discount for Caritas Staff Members: HK\$9,500.00/module)

## Teaching Team:

The programme is conducted by Professor YIP Kam-shing and his teaching team.

### Professor YIP Kam-shing

Professor YIP is a renowned international scholar in mental health practice and psychiatric social work with severe mental problems. Apart from serving as editor, reviewer in over 30 international referred journals in psychiatry, mental health and social work, Professor Yip has published over 80 articles on renowned refereed international journals, 17 international refereed books, 6 Chinese refereed books and numerous chapters in books and conference papers. He has long been actively engaged in clinical supervision, practice and research in many large social welfare organizations and mental hospitals in Hong Kong, China and overseas. He had long been a professor in mental health and social work in the Hong Kong Polytechnic University. His 30 years' clinical and academic contribution and output in humanistic and holistic practice with severe problems are very well received and followed by many large social welfare organizations and mental hospitals in Hong Kong and China.

## Modules:

### 1. A Holistic and Humanistic Interpretation of Etiology and Psychopathology

In this module, a humanistic and holistic orientation is addressed in interpreting diagnosis system, etiology of severe mental problems such as schizophrenia, mood disorder, personality disorder, anxiety disorder, obsessive compulsive disorder. Together with this is a comprehensive articulation of various perspectives such as subjective experiences, phenomenological, existential, psychodynamic, sociological and neuro-cognitive concepts are articulated. The meaning of symptom in relation to various dimension of human life such as meaning of life, emotionality, self system, mind, body as well as social functioning are also fully described.

## Date:

September – December 2019

## Students feedback:

This course provided a rich articulation of current mental health practice in Hong Kong. Case studies and first-hand experience from Professor Yip could stimulate students to learn how to be a humanistic mental health practitioner.

- Social worker trainer

課程豐富了我對學生個案的理解，有助我從不同角度思考問題的成因，從而提出適合的方法協助學生。同時，Professor Yip 亦讓我反思現在的工作，提醒我以謙卑的心去了解個案的痛苦和困擾。

- Educational psychologist

This is a comprehensive programme providing students with solid foundations but also with opportunities to make the essential connections between practical experiences and their theoretical knowledge.

- Social worker

Professor Yip is very experienced and professional in mental wellness and he is also good at clinical application. He is willing to answer student's questions. In addition, his lectures are exciting and interactive.

- Occupational therapist

Great! Professor Yip and his teaching team prepared well for each lesson. They were patient in listening and answering our questions. Also, Professor Yip shared his invaluable experience and expertise to help us in dealing with our difficulties encountered in work.

- Social worker

This course provided us with different perspectives in understanding the mental health issues in a complicated society. The integration of theories and clinical work enhanced our understanding of mental health problems.

- Social worker

## 2. Mental Health Practice: A Multi-dimensional Articulation

This module begins with a fully articulation of ideologies in mental health practice such as normalization, integration, social inclusion and recovery. All these are put in actual implementation. Then it follows with a full interpretation of mental health policy, legislation, right, community care. The strengths perspective, innovative NICHE model, a multi-axial understanding and intervention of clients with severe mental problems are introduced. A refined discussion on empathy, emotionality, relationship, understanding and interacting with clients with severe mental problems are fully articulated with vivid and updated clinical examples.

## Date:

January – June 2020

## 3. Mental Health Practice with Adolescents

Adolescent mental problems are unstable with high comorbidity. This module starts with a comprehensive discussion on intimacy and affective bonding in early life development, peer influence and identity formation and its impacts on late adolescents. Together with this, is a multi-dimensional articulation on adolescents' mental problems such as first onset psychosis, depression, suicide, addiction and borderline personality disorder. The impact of oppressive social environment such as, demanding and engulfing parents, bullying, victimization, abandonment trauma, physical and sexual abuse on mental problems are mentioned. Humanistic, effective psychosocial interventions are described with vivid and updated clinical examples.

## Date:

September – December 2020

## 4. Mental Health Practice with the Aged

Within a developmental perspective, mental health and mental problems of aged clients are clearly spelt out in this module. Together with this is a humanistic and comprehensive articulation of late onset elderly mental problems such as senile dementia, morbid jealousy, hypochondria, schizophrenia and addiction. Related humanistic, effective and psychosocial interventions are introduced with updated clinical examples. Measures to prevent harmful institutionalization and interpersonal abuse of fragile and vulnerable elderly are fully addressed.

## Date:

January – June 2021