

Graduate Training Programme in  
People with Special Needs and Disability  
Application Form

Name in English			
Name in Chinese			
Mobile No.		Telephone No. (Home)	
Gender	Male <input type="checkbox"/> Female <input type="checkbox"/>	ID Card No.	
E-mail Address			
Correspondence address	_____		
	_____		
	_____		
Working Experience		Position	
		Position	
Education	_____		
	_____		
	_____		
Professional Qualifications	_____		
	_____		
Course	<input type="checkbox"/> Full Course (Module 1-4)		
	<input type="checkbox"/> Module _____		
	<input type="checkbox"/> Caritas Staff Member		
Payment Method	<input type="checkbox"/> Cheque : _____ <input type="checkbox"/> EPS : _____		

Application Details

Completed application form, together with copies of academic / professional credentials and the first instalment of tuition fees, should be submitted

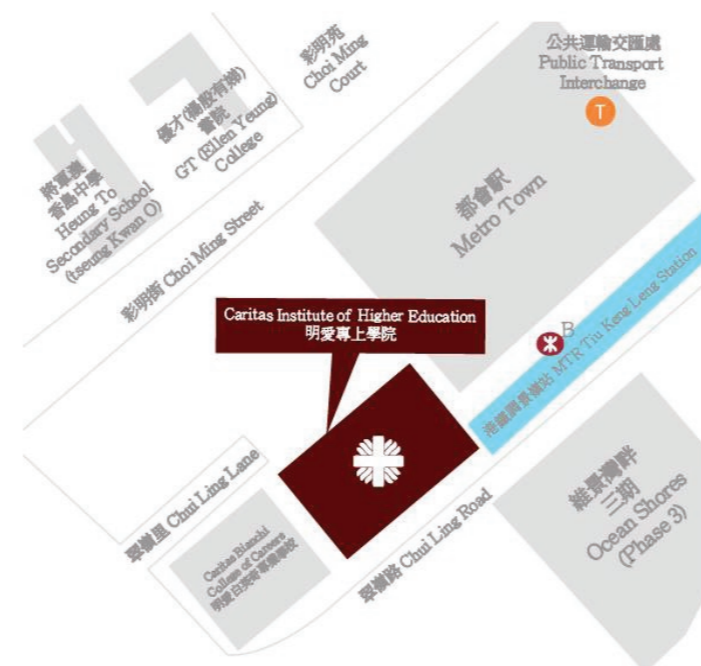
1. by post to Centre for Advanced and Professional Studies, Rm 202, 2 Chui Ling Lane, Tseung Kwan O, N.T. ; OR
2. in person to CAPS office.

Tuition fees can be paid by cheque or EPS. Payment by cheque must be made payable to CARITAS-HONG KONG with the name and contact number of the applicant, and the programme title written at the back of the cheque.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Points to Note

1. Applicants must be Hong Kong residents. The HK identity document(s) should be presented during application. No age limit is set for each module except stated otherwise, but applicants should fulfill the academic or professional requirements.
2. Please return the completed application form, in person or by post, to the Centre for Advanced and Professional Studies (CAPS) together with photocopies of your identity card, academic credentials and information relevant to your application.
3. The application deadline will be 2 weeks before commencement of each module/ programme. Admission is on first-come-first-served basis.
4. The Institute reserves the right to decide whether an applicant is admitted or not, and holds the final decision to cancel a module/ programme in case of insufficient registration. If a module/ programme is cancelled by the Institute due to any reason, tuition fees paid will be refunded by crossed cheque.
5. Tuition fees paid will not be refunded in all cases unless the module/ programme is cancelled by the Institute. Upon registration, no change of class, transfer of fee or fees refund would be allowed.
6. Tuition fees can be paid by "EPS" or cheque. Please make the cheque payable to "Caritas – Hong Kong" and mark clear the applicant's name, course name and contact number at the back of the cheque. All receipts of tuition fee should be kept carefully. No replacement of receipt would be provided.
7. All classes take place as scheduled unless typhoon signal no.8 or Black Rainstorm Warning Signal is hoisted, or class cancellation is announced by the Education Bureau. Students have the responsibility to pay attention to announcements on the media during unstable weather.
8. The Institute will issue certificates of attendance or completion only to students who have attained 80% or above of the attendance.
9. The Institute reserves the right to alter class arrangements in case of special event or absence of tutors.
10. Unless with permission from the Institute, no recording activity is allowed in class. No sales or promotion activity is allowed unless authorised by "Caritas-Hong Kong".
11. Information supplied by applicants will be kept in strict confidence. Applicants may check or amend their personal information on the application form if necessary. In the event that applicants fail to provide adequate information, the Institute may not be able to process their applications or offer any service.
12. For any enquiry, please contact us by phone at 3653 6700.



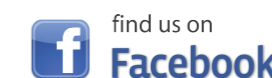
Transportation:

- Tiu Keng Ling MTR Station Exit B
- Bus Stop - 692P, 694, 792M, 796C, 796P, 796S, 796X, 798, E22A, N796
- Mini-bus Stop - 108A, 110



Caritas Institute of Higher Education  
明愛專上學院  
Centre for Advanced & Professional Studies (CAPS)  
高等及專業教育中心

GRADUATE TRAINING  
PROGRAMME  
IN  
MENTAL HEALTH PRACTICE  
IN  
PEOPLE WITH SPECIAL  
NEEDS AND DISABILITY



CBCC & CIHE Centre for Advanced and Professional Studies - CAPS

Enquiry & Application:

Venue: Caritas Institute of Higher Education,  
2 Chui Ling Lane, Tseung Kwan O  
(Tiu Keng Leng MTR Station, Exit B)  
3653 6700  
Tel: caps@cihe.edu.hk  
Email: http://caps.cihe.edu.hk





## Target Participant:

Human services professionals (Teachers, social worker, counselors, psychologists, occupational therapist and medical practitioners) with a degree in human profession as well as substantial years of practice in working with clients with mental and emotional problems

## Programme Aims:

1. To equip student with advance knowledge in understanding different types of behavioral, mental and emotional problems for people with special needs and disability as well as related services and intervention models.
2. To develop students' practice competence in working with clients/students with special needs and disability such as Attention Deficient and Hyperactivity Disorder, Autism Spectrum Disorder, Intellectual Disability, Self Harm, Aggression, Emotional Fluctuation and Disturbing Behaviors.
3. To enhance students' humanistic and holistic concern on clients/students with special needs and disability.

## Admission Requirement:

- A recognized degree in Human Services Professions or related areas;
- Experience with substantial years of practice in working clients with mental and emotional problems

## Award:

- Achieved 80% attendance record for each module, and
- Those completed and passed all four modules will be awarded with a Graduate Training Diploma in Mental Health Practice in People with Special Needs and Disability.
- Those completed and passed one of the four modules will be awarded with a Modular Certificate in Mental Health Practice.

**Time and Date:** 2:30p.m. - 5:30p.m. (Every Saturday)

Week commencing:  
Module 1 - September 2019  
Module 2 - January 2020  
Module 3 - September 2020  
Module 4 - January 2021

**Duration:** 42 hours for each module

**Medium of Instruction:** English supplemented by Cantonese

**Fees:** Full Course: HK\$ 39,800 (By two instalments, HK\$19,900 per each instalment which paid before Module1 and Module 3.)  
Each Module: HK\$11,000  
(special discount for Caritas Staff Members:HK\$9,500/module)

## Professor YIP Kam-shing

Professor YIP is a renowned international scholar in mental health practice and psychiatric social work with severe mental problems. Apart from serving as editor, reviewer in over 30 international referred journals in psychiatry, mental health and social work, Professor Yip has published over 80 articles on renowned refereed international journals, numerous refereed books, book chapters and conference papers. He had long been a professor in mental health and social work in the Hong Kong Polytechnic University and actively engaged in clinical supervision, practice and research in many large social welfare organizations and mental hospitals in Hong Kong, China and overseas.

### Module 1

Teaching duties are unreasonably high. Students are stressful and rebellious. Employment is unstable. Colleagues are unsupportive. How can I survive within this stressful, anxious and demanding working environment? This subject gives you intense reflection and insight and wisdom to work through all these and recover from professional traumas.

### Module 2

ADHD, ASD, ODD are so common among students. How can I deal with all these SEN students. They are inattentive, hyperactive, rebellious and/or autistic. I am so confused in classroom management. This subject gives you a solid multi-dimensional view on SEN, in particularly in accurate diagnosis, aetiology, psychosocial interpretation and intervention.

Focus of each module

### Module 3

Many clients with intellectual disabilities are aggressive and self-harm. Apart from inhumane behavioral control, restraint, medication and hospitalization, what can a social worker does. This subject enables social workers to implement a comprehensive and effective interpretation and Intervention by searching the emotional and intimate needs as well traumatic memory behind SADE.

### Module 4

Psychological Abuse, Domestic Violence, Neglect, Abandonment and Loss of family members are highly destructive to families especially for children. This subject consolidates a comprehensive and holistic interpretation and Intervention for recovery

## Modules:

### 1. Professional Stress, Burnout, Trauma and Resilience: Interpretation and Intervention

In this module, professional stress, burnout, trauma and resilience of human professionals are mentioned. Meaning of work, job stress, dynamics in professional occupational mental health is articulated. Particularly concern will focus on compassionate fatigue, generalized anxiety disorder, depression and personality disorder because of team dynamics, office politics, emotional blackmailing of clients and colleagues, demand workload and professional practice will be mentioned and discussed. Different perspectives including, neurocognitive, psychodynamic, cognitive behavioral, existential, spiritual, phenomenological and social theoretical underpinnings of professional stress and practice will be articulated. Students are encouraged to take an active reflective stance in understanding their stress and coping, trauma and resilience in their professional practice. They are facilitated to develop ways and coping mechanism to maintain their emotional, mental and physical wellness in serving their clients within committed professional ideologies in various service settings.

**Date: September - December 2019**

### 2. Mental Health Practice with Students with Special Education Needs

This module begins with a comprehensive articulation of students with different types of special education needs including Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), Oppositional Deficiency Disorder (ODD), Conduct Disorder (CD), Generalized Anxiety Disorder (GAD), Childhood Depression as well as Pre Borderline Personality Disorder (Pre BPD) are mentioned. In each types of problem, its etiology, diagnosis, course and co-morbidity is mentioned. A multi-dimensional psychosocial, holistic and developmental orientation is stressed in a deep and humanistic understanding and comprehensive intervention for children and adolescents suffered from all these disorders. A humanistic critic of inappropriate or even harmful interventions and abuse on children and adolescents with special education needs is introduced in this module. These include medicalization, authorization, labeling, bullying, abnormalization, threatening, seclusion, and social control by peers, teachers, workers and parents. The emotionality, intimacy, trauma and resilience is comprehensively described and applied in effective intervention with students with special needs.

**Date: January - May 2020**

### 3. Mental Health Practice with People with Intellectual Disability and SADE (Self harm, Aggression, Disturbing behavior and Emotional Fluctuation)

For decades, normalization, integration, inclusion and quality of life have long been introduced and widely accepted by related professionals in working with clients with intellectually disability. However, for those intellectually disabled clients with self harm, aggression, disturbing behaviors and emotional fluctuation (SADE), these ideologies have never been fully articulated and applied. Clinical mental health practice is neglected. Instead, all these are regarded as challenging behaviors that demand strict or even abusive social control in terms of threat, restriction, deprivation of rights, punishment, inappropriate or even harmful medication or hospitalization. Humanistic understanding and psychosocial intervention is neglected and ignored. Based on ten years action clinical research with over several hundred cases in many rehabilitation agencies, the writer develop the humanistic SADE model in interpretation and intervention of intellectually disabled clients with SADE. In this module, this model is comprehensively reviewed, discussed and applied. A comprehensive multi-level interpretation and intervention including behaviors in context, persons in context, person in life narration is introduced. The emotionality, communication, intimacy and trauma and resilience for intellectually disable clients are comprehensive reviewed with solid theoretical underpinning is positioned and applied. Within this model of mental health practice, ideologies like profound or deep normalization, inclusion and integrated can be fully actualized even in intellectually disabled clients with self harm, aggression, disturbing behaviors and emotional fluctuation.

**Date: September - December 2020**

### 4. Childhood and Family Trauma: Comprehensive Interpretation and Intervention

Related psychosocial perspectives and theoretical underpinnings already affirmed that most severe mental, emotional and behavioral problems in children and adolescents are rooted from childhood and family traumas. In this module, various type of developmental traumas including abandonment, traumatic loss, domestic violence and psychological abuse are reviewed. Their relationship and impact on different types of childhood and adolescent mental problems are mentioned. The component, process and details of traumas are thoroughly discussed. The complexity and profound influence on childhood and family trauma on life long development including self identity, meaning of life, mind and body are mentioned. Intergenerational trauma and mental problems within a family context is comprehensively described. Finally, an overview of different psychosocial perspectives in intervention and recovery of trauma is given.

**Date: January - May 2021**